

Monthly Plan



Theme	Body Parts		
Book	Hokey Sing! Song! Song! Shoulders Song! Shoulders Sing! Shoulders Sing!		
Key Words	head, shoulder, hand, knee, foot, toe		
Main Activities	<game> Musical Statues</game>		
iviaiii Activities	<craft> Hand Pointers</craft>		

Lesson	Lesson 1	Lesson 2
1 st Week	Song 1 — Introduction to the Story Learn the body parts Learn the song Hokey Pokey Learn the story words (hand, foot)	Song 1 — Sing and Dance Review the song Hokey Pokey Listen to the story Hokey Pokey Learn the dance movements of the song
2 nd Week	Song 1 — Play the Game Review the song and story Hokey Pokey Sing the Sing & Play Time song Play the song game — Musical Statues	Song 2 — Introduction to the Story Learn the body parts Learn the song Head and Shoulders Learn the story words (head, shoulder, knee, toe)
3 rd Week	Song 2 — Sing and Dance Review the song Head and Shoulders Listen to the story Head and Shoulders Learn the dance movements of the song	Song 2 — Make the Craft Review the song and story Head and Shoulders Sing the Sing & Play Time song. Make the song craft — Hand Pointers
4 th Week	Song 3 — Body Parts Song Learn the Body Parts Song Review body parts words Review song and story Hokey Pokey	Song 4 — Reach for the Sky Learn the song Reach for the Sky Review body parts words Review song and story Head and Shoulders



Lesson Plan



Week 1 – 1	Song 1 – Introduction to the Story	Theme	Body Parts
Objectives	 Learn the body parts Learn the song Hokey Pokey Learn the story words (hand, foot) 		
Materials	Student Book, Activity Book, Digital CD		

	Student Book, Activity Book, Digital CD	
	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
	 <book cover="" hokey="" pokey="" talk="" –=""></book> Show the cover of the book and discuss it with the class. Tell the class that the song is about dancing. Encourage the class to repeat the words after you. T: Let's look at the cover. There are four children. I see two girls! 	Student Book Hokey Pokey
Main Activity (20 mins.)	(two boys) T: What are they doing? They are dancing! T: The title of this story is "Hokey Pokey." <picture hokey="" pokey="" walking="" –=""> Turn to story page (p.2-13). Talk about the picture with the class. T: Look at this picture. I see a boy. The boy is putting his right hand in. Then he is putting his right hand out.</picture>	
	Where is your right hand? Show me your right hand. <sing hokey="" pokey="" song="" the="" –=""> Listen to the song 1 and learn the song together. Play the song animation video in the Digital CD. Point to the body parts with your hand when you hear the words.</sing>	Audio Track 06 Digital CD: Song Animation
Wrap Up (5 mins.)	<activity book="" p.16=""> Trace the words! (head, shoulder, hand) <review> Practice the body part words. <the end=""></the></review></activity>	shoulder hand
,	 Tidy up the classroom and sing the Clean Up Song together. 	Audio Track 17-18

• Wave and sing the *Good-bye Song* to say good-bye.





Week 1 – 2	Song 1 – Sing and Dance	Theme	Body Parts
Objectives	 Review the song Hokey Pokey Listen to the story Hokey Pokey Learn the dance movements of the song 		
Materials	Student Book, Activity Book, Digital CD, Colored paper		

	Teaching Process	Note
Warm Up (5 mins.)	 Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, Set, Sing! song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
	 <listen hokey="" pokey="" story="" the="" to="" –=""></listen> Listen to the story book. Point to the pictures while listening to the story. Play the story animation video in the Digital CD. T: Do you remember the song we learned last time? Let's listen to the story. 	Audio Track 05 Digital CD: Story Animation Hokey Pokey
Main Activity (20 mins.)	<review hokey="" pokey="" song="" the="" –=""> Review the song from the previous lesson. Listen to the song 1 and sing the song together. Point to the body parts when you hear the words. </review>	Audio Track 06-07
,	<dance hokey="" pokey="" song="" the="" to="" –=""> Play the story dance video in the Digital CD. Watch the video first. Go over the dance actions one by one with the class. </dance>	Digital CD: Dance (Story Song)
	T: Let's learn the dance movements to the song. <activity book="" p.24=""> Let's make a paper face!</activity>	• • • • • • • • • • • • • • • • • • •
Wrap Up (5 mins.)	<review> Practice the body part words. <the end=""> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye.</the></review>	Audio Track 17-18





Week 2 – 1	Song 1 – Play the Game	Theme	Body Parts
Objectives	 Review the song and story Hokey Pokey Sing the Sing & Play Time song Play the song game – Musical Statues 		
Materials	Student Book, Activity Book, Digital CD		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, Set, Sing! song together. Wave and sing the Hello Song. Ask about the weather and sing the Weather Song. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
Main Activity (20 mins.)	<sing &="" hokey="" play="" pokey="" time="" –=""> Listen to the narration of the activity. Turn to Student Book p.14-15. Don't say the words! T: Today, we will sing again, but don't say right hand, left hand, right foot, left foot! <play game="" musical="" statues="" the="" –=""> Turn to Activity Book p.2-3. Go over the Game Actions with the students: dance, blow, freeze. Practice the actions before playing the game. </play></sing>	Audio Track 08 Online Materials: Script
	 Turn to Activity Book p.4-5. Go over the steps of the game with the class. Play the game while singing the song Hokey Pokey. <activity book="" p.6-7=""></activity> Match the pictures! Find 3 differences! <review></review> 	TTT SARRY
Wrap Up (5 mins.)	 Practice the body part words. <the end=""></the> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye. 	Audio Track 17-18



Lesson Plan



Week 2 – 2	Song 2 – Introduction to the Story	Theme	Body Parts
Objectives	 Learn the body parts Learn the song Head and Shoulders Learn the story words (head, shoulder, knee, toe))	
Materials	Student Book, Activity Book, Digital CD		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
Main Activity (20 mins.)	<book and="" cover="" head="" shoulders="" talk="" –=""> Show the cover of the book and discuss it with the class. Tell the class that the song is about body parts. Encourage the class to repeat the words after you. T: Let's look at the cover. I see a boy. I also see little monsters! </book>	Student Book
	T: Let's look at the monsters. What is the monster touching? (head, shoulder, knee, toes) T: The title of this story is "Head and Shoulders" <picture and="" head="" shoulders="" walking="" –=""> Turn to story page (p.2-11). Talk about the picture with the class. T: Look at this picture.</picture>	
	There are orange monsters. The monster is touching the body parts. Can you find the monster touching its head? Can you find the girl touching her toes? <sing and="" head="" shoulders="" song="" the="" –=""></sing>	Audio Track 10
	 Listen to the song 2 and learn the song together. Play the song animation video in the Digital CD. Sing the song in a loud voice. 	Digital CD: Song Animatio
	<activity book="" p.17=""> Trace the words! (knee, foot, toe)</activity>	knee
Wrap Up (5 mins.)	<review> • Practice the body part words. <the end=""></the></review>	19 toe
(<u>-</u>	Tidy up the classroom and sing the <i>Clean Up Song</i> together.	Audio Track 17-18

• Wave and sing the *Good-bye Song* to say good-bye.





Week 3 – 1	Song 2 – Sing and Dance	Theme	Body Parts
Objectives	 Review the song Head and Shoulders Listen to the story Head and Shoulders Learn the dance movements of the song 		
Materials	Student Book, Activity Book, Digital CD, Flash cards, Toy hammer		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
	<listen and="" head="" shoulders="" story="" the="" to="" –=""> Listen to the story book. Point to the pictures while listening to the story. Play the story animation video in the Digital CD. T: Do you remember the song we learned last time? Let's listen to the story.</listen>	Audio Track 09 Digital CD: Story Animation Wead and Shoulders
Main Activity	<review and="" head="" shoulders="" song="" the="" –=""> Review the song from the previous lesson. Listen to the song 2 and sing the song together. Sing the song in a loud voice. </review>	Audio Track 10-11
Main Activity (20 mins.)	<dance and="" head="" shoulders="" song="" the="" to="" –=""> Play the story dance video in the Digital CD. Watch the video first. Go over the dance actions one by one with the class. </dance>	Digital CD: Dance (Story Song)
	T: Let's learn the dance movements to the song. <play -="" game="" smash="" the="" word=""> Prepare the flash cards Using the cards, review the words with the class. Spread out the cards on the floor. Teacher calls out a body part on the card. Child hits the correct card with the toy hammer.</play>	Online Materials: Flash Cards Toy Hammer
Wrap Up (5 mins.)	<pre><review> Practice the body part words. <the end=""> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye.</the></review></pre>	Audio Track 17-18





Week 3 – 2	Song 2 – Make the Craft	Theme	Body Parts
Objectives	 Review the song and story Head and Shoulders Sing the Sing & Play Time song. Make the song craft – Hand Pointers 		
Materials	Student Book, Activity Book, Digital CD, Template, Craft Materials		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
Main Activity (20 mins.)	<pre><make craft="" hand="" pointers="" the="" –=""> Turn to Activity Book p.8-9. Go over the Craft Materials with the students: hand pictures, 4 straws,</make></pre>	Audio Track 12 Online Materials: Script
Wrap Up (5 mins.)	<review> Practice the body part words. <the end=""></the> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye. </review>	Audio Track 17-18





Week 4 – 1	Song 3 – Body Parts Song	Theme	Body Parts
Objectives	 Learn the Body Parts Song Review body part words Review song and story Hokey Pokey 		
Materials	Student Book, Activity Book, Digital CD, Dice		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
	 <review hokey="" pokey="" –=""></review> Listen to the story book. Listen to the song 1 and sing the song together. Play the song & story animation video in the Digital CD. Play the story dance video and dance together. 	Audio Track 05-08
Main Activity (20 mins.)	 <learn body="" parts="" song="" the="" –=""></learn> Review body part words. Listen to the Body Parts Song and sing the song together. Point to the body part pictures in the book. Turn to Activity Book p.14-15 Sing and stick! 	Audio Track 13-14
(== :,	<play board="" body="" game="" parts="" the="" –=""> Turn to Activity Book p.18-19 Take turns rolling the dice. Move along the game board according to the number on the dice. Ask the child who rolled the dice to say the body parts on the space he/she landed. T: What are they?</play>	
	C: They are my toes! ** Review the words with flash cards before playing the game.	
Wrap Up (5 mins.)	<review> Practice the body part words. <the end=""></the> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye. </review>	Audio Track 17-18





Week 4 – 2	Song 4 – Reach for the Sky	Theme	Body Parts
Objectives	 Learn the song Reach for the Sky Review body part words Review song and story Head and Shoulders 		
Materials	Student Book, Activity Book, Digital CD		

	Teaching Process	Note
Warm Up (5 mins.)	 Greeting> Greet the class and begin with the <i>Title Song</i>. T: Hello everyone. Welcome to Ready, Set, Sing! class. Let's sing and dance <i>Ready</i>, <i>Set</i>, <i>Sing!</i> song together. Wave and sing the <i>Hello Song</i>. Ask about the weather and sing the <i>Weather Song</i>. 	Audio Track 02 Digital CD: Dance (Title) Audio Track 03-04
	<review and="" head="" shoulders="" –=""> Listen to the story book. Listen to the song 2 and sing the song together. Play the song & story animation video in the Digital CD. Play the story dance video and dance together. </review>	Audio Track 09-12
Main Activity (20 mins.)	<learn for="" reach="" sky="" song="" the="" –=""> Review body part words. Listen to the Reach for the Sky and sing the song together. Sing in a loud voice. Turn to Activity Book p.20-21 Sing and color! </learn>	Audio Track 15-16
	<activity book="" p.22-23=""> Trace your hand. Connect the dots!</activity>	Comments of the second of the
Wrap Up (5 mins.)	<pre><review> Practice the body part words. <the end=""> Tidy up the classroom and sing the Clean Up Song together. Wave and sing the Good-bye Song to say good-bye.</the></review></pre>	Audio Track 17-18



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